# NESA - NWSF Fun Race 1 2018

To be held at
**Sunderland Ski Centre / Silksworth Sports Complex**
**Silksworth Lane**
**Sunderland**
**SR3 1PD**
**Tel: 0333 005 0153**

# On Sunday 22nd July 2018

## Race Bulletin No. 1 – Invitation

Entries are invited from both registered and non-registered racers in the following categories:
U10, U12, U14, U16, U18, U21, Seniors and Masters

Children born 2011 and earlier are not eligible to enter.

For the U10 and U12's event the course will be set using stubbies.

**Deadline for entries is Wednesday 18th July (midnight)**
**Online entry available at www.gbski.com**
**or by post to the Race Secretary**


Race Secretary
Maureen Mearns
Sunderland Ski Centre /
Silksworth Sports Complex
Silksworth Lane
Sunderland
SR3 1PD
TEL: 07714 097062
EMAIL:
nesasecretary@gmail.com

Child Welfare Officer
Helen Wilson
TEL: 07866 016867
EMAIL:
helen.wilson31@btinternet.com

Chief of Race

**Organisation**

This event is being organised by NESA - North East Ski Association

**Entry Criteria**
The event is a Special Slalom consisting of three runs down the same course and is open to Home Nation registered racers in the following categories: U14, U16, U18, U21, Senior, and Masters. Prizes will be awarded based on the best time from the first two runs plus the time from the third.

**U10/U12 Races**
All races involving U10/U12 age categories will be run using stubby gates, over a minimum of three runs down the same course, with prizes awarded based on the best time from the three runs.

**Unregistered Racers**
If the race is under-subscribed, racers who are not registered with any Home Nation may be entered into the race by completing the Entry Form and signing an Athlete's Declaration.

**Provisional Programme**
The expected programme is shown below. Exact timings may vary depending on the number of entries. An updated version of the programme will be published in the Acceptance Bulletin.
THE PROGRAMME TIMES BELOW: Times are only a guide.
08:30 Officials access
08:30 Race office opens for bib issue
08:45 Race Officials meeting
08:45 – 09:45 Open Practice
09:45 Course setting
10:00 – 10:30 Course Inspection
10:45 Run 1
11:30 Run 2
12:30 – Minis Course Inspection
12:45 Minis Run 1 & 2
13:15 Lunch
14:00 Minis Run 3
14:30 Run 3
15:30 Prize Giving

**Entry Fee**
Entry fee for this event is £12.00. Online entry is available at www.gbski.com until midnight on Friday APRIL 13th 2018 without incurring a late entry fee.

**Race Office**
The race office will be at the venue as stated in the race secretary's contact details until 4pm on Wednesday 18th July 2018 after this time and prior to 7:30am on Saturday 21st July 2018 contact can only be made by phoning the Race Secretary.

**Start Order**
The start order will be drawn at the race meeting on Thursday 19th July 2018 using the BARTS Outdoor Seed List 2018.3.
The start lists will be published on www.gbski.com and on the official notice board on the morning of the race.

First run draws the top 15 seeded races in random order, then the rest in seed point order, second run is same as first, third run is in reverse time order based on best time from first two runs.
For the Under 10 and under 12s in the first run they will be randomly drawn, with the girls going first followed by the boys. In the second and third run the order will be the same as the first run.

**Race Rules/Health and Safety**
The race will be run under FIS rules as varied by BSS and SSE and published in the British Artificial Competition Rules (BACR). Please see http://www.gbski.com for BACR Rules and SSE Race Manual.

- All racers, coaches and officials should familiarise themselves with the 'Rules of Ski Racing' guide which can be found here: http://gbski.com/docstore/OTHER/RaceRuleGuidev5.0.pdf
- Please note that the race will be run in strict adherence to the 'Guide to Helmets for Alpine Ski Racing' full details can be found here: http://gbski.com/docstore/OTHER/Helmets%20for%20Alpine%20Ski%20Racing%20V6.pdf
- Use of ski pole bungs is mandatory, and racers will not be allowed to start the race without them.
- All racers should leave the finish area as soon as possible after completing each run to allow sufficient run off area for later competitors.

**Access**
The buildings/slope will not be open until **8.30am.**
Access to the slope is for officials and racers only. Coaches may accompany their racers during course inspection only. Race trainers/coaches who accompany their racers must be qualified and carry the relevant accreditation issued by the race office on the day.
Open practice on race day on the slope from 08.45 – 09.45 is part of the entry fee. During open practice bibs must be worn so that the number is visible from back and front. Racers without a bib will be asked to leave the slope.

**Course Inspection**
The course must be inspected wearing skis and bibs as it is your accreditation to be on the slope. No racer is allowed to ski the course during inspection. Course inspection may start at any point on the course and racers must come to a complete stop between each gate when inspecting the course.
The building/site/slope will not be open until 8:30am.
Access to the slope is for officials and racers only. Coaches may accompany their racers during course inspection only. Race trainers/coaches who accompany their racers must be qualified and carry the relevant accreditation issued by the race office on the day.
Racer assistants (e.g. coach or parent) will NOT be allowed in the Start Area because of the restricted size and the impact of overall numbers on the authorised fire capacity of the arena.

**Notice Board**
The official race notice board will be located outside the race office.

**Refunds**
Except as noted here, race entry fees are non-refundable. Racers withdrawing on medical grounds may obtain a £10 refund of their entry fee if they apply to the Race Secretary and provide certified medical evidence to support their application.

**Race bibs**
Race bibs must be returned to the finish marshal on completion of their final run. Failure to do so will result in a charge of £25.00 for each missing bib.

**Ski prep area**
An area will be set aside for ski preparation, but coloured lubricants are not permitted and no generators and barbeques on the complex grounds.

**Awards**
Awards will be made in the following categories:

**Under-10's & Under-12's Race:**
Girls: 1st, 2nd, 3rd
Boys: 1st, 2nd, 3rd

**Age Categories – 1st, 2nd and 3rd – Females and Males**
Under 12's
Under 14's
Under 16's
Under 18's
Under 21's
Seniors
Masters
The winners will be expected to show due courtesy to the organisers by attending the prize giving. Those who do not attend without good reason lose their claim to an award.

**Race day sponsors**
The race will sponsored by SKI RACING SUPPLIES.

**Photography**
Racers who do **not** wish to be photographed by any accredited photographer must notify the Race Secretary in writing by the end of race registration. Please email the Race Secretary you do not wish to be photographed.

**First Aid**
First Aid cover will be available on the day by slope staff. An Event Medical Assessment form (containing information about medical facilities and procedures) will be on display on the official notice board.

**Officials**
Please note these races can only run with sufficient race officials. If you are able to assist please contact the Race Secretary or Chief of Race.

**Refreshments**
CATERING WILL BE SUPPLIED BY THE SLOPE.

**Nearest accommodation is:**
- Premier Inn Sunderland North West Hotel, Timber Beach Road, Off Wessington Way, Castletown, Sunderland, SR5 3XG 1.9 miles from Silksworth Ski Complex
- Travelodge Sunderland Central Low Row, Sunderland, SR1 3PT 1.9 miles from Silksworth Ski Complex
- Travelodge Sunderland High Street West High Street West, Sunderland, SR1 1UN 2.3 miles from Silksworth Sports Complex
- Premier Inn Sunderland A19 / A1231 Hotel Wessington Way, Castletown, Sunderland, SR5 3HR 2.6 miles from Silksworth Sports Complex

- Hilton Garden Inn Sunderland Vaux Brewery Way, Sunderland, SR5 1SN 2.6 miles from Silksworth Sports Complex

**Directions:**
DIRECTIONS CAN BE FOUND ON GOOGLE MAPS USING ADDRESS BELOW. PARKING IS AVAILABLE ONSITE.
**Sunderland Ski Centre / Silksworth Sports Complex**
**Silksworth Lane**
**Sunderland**
**SR3 1PD**
**Tel: 0333 005 0153**
MAP SHOWING SILKSWORTH SPORTS COMPLEX FROM A19.

